Restraint Data Record

Student:_____

Teacher:_____

School:_____

Staff implementing/monitoring (and title):

Other non-student witness(es)(name and title):

Date:

Time Start: _____ Time End: _____

Total Time (duration): _____

Location of Restraint:_____

Scoring Code for Student Behavior for Each Minute	Reason for Restraint	Specific Positive Strategies used prior to restraint
✓ Student calm	The student engaged in the following major maladaptive behavior during_____:	☐ Positive redirection ☐ Given option to "chill out" ☐ Removed other students from area ☐ Used de-escalation strategies Used reinforcement program Changed staff interacting with student Other_____
X Student disruptive, threatening		
R Student actively resisting / maintaining aggression	___Aggression	
■ Restraint Completed	___Property Destruction	
Behavior Plan Implementation	___AWOL	
	___Verbal Aggression	
☐ **The classwide behavior program was implemented as written.**	___ Threat	
☐ **The students individual plan was implemented**	___Severe disruption of learning environment	

Instructions: During a physical management procedure, have a monitor record, once per minute, the student's status. Observe for physical distress and take immediate action if any health risk. **Score under "1" if it is a one-person hold, "M" for multiple person hold.**

Release from restraint criteria Physical restraint is terminated when the student has been calm for the time period agreed upon in the school's protocol or the student's written program. This will be based on whether or not the student is still engaging in behavior that could result in harm to the student being restrained or other students or teachers.

Minutes   Student's Behavior *(see scoring code above)*

	1	M		1	M		1	M		1	M		1	M		1	M		1	M		1	M		1	M
1			11			21			31			41			51			61			71			81		
2			12			22			32			42			52			62			72			82		
3			13			23			33			43			53			63			73			83		
4			14			24			34			44			54			64			74			84		
5			15			25			35			45			55			65			75			85		
6			16			26			36			46			56			66			76			88		
7			17			27			37			47			57			67			77			87		
8			18			28			38			48			58			68			78			88		
9			19			29			39			49			59			69			79			89		
10			20			30			40			50			60			70			80			90		

Administrator notified here

Additional information

How was it determined that there was imminent risk of serious injury or death to the student or others:

_____

Describe what occurred immediately following restraint:

_____

Describe any injuries, visible marks or emergencies that occurred during restraint.

_____

BMC version 8/03, updated 2/04, 2/06, 8/06, 8/07.11/07,10/09